

Unit Overview

Students will learn the We Are Connected Mindset. This unit will encourage students to seek out and maximize positive relationships with people who can help them achieve their dreams. Students will explore the idea of surrounding themselves with people who build them up and inspire them to live their best lives. They will learn to actively seek ways to offer kindness in order to strengthen these relationships.

We Are Connected Overview

4 Learning Objectives

- Embrace Everyone
- Maximize Positive Relationships
- Build Your Dream Team
- Lead with Value

Lesson 3.1 – We Are Connected: Embrace Everyone

Students will learn the We Are Connected Mindset. This lesson will encourage students to seek out positive relationships with people who can help them achieve their dreams. Students will explore the idea of surrounding themselves with people who build them up and inspire them to learn how to live their best lives. They will learn to actively seek ways to offer kindness to strengthen relationships.

Objectives

- Understand the meaning of the word “connected”
- Identify ways in which we can respect and embrace others

Lesson 3.2 – We Are Connected: Maximize Positive Relationships

Students at this age are egocentric, but they are starting to build friendships. There can be a lot of conflicts, and they need support to learn how to navigate them. The We Are Connected Mindset teaches us about relationships. In this lesson, we will learn what to look for in a friend.

Objectives

- Understand how important good friends are in our lives
- Identify the qualities of a good friend

Lesson 3.3 – We Are Connected: Build Your Dream Team

Students at this age have a narrow view of the world. However, they can start to see that many people in their lives are there to help them achieve their goals and dreams. In this lesson, we will learn that through teamwork, more can be accomplished, and everyone wins. We will learn what a “dream team” is and why having a dream team or even several different dream teams can make us better people.

Objectives

- Begin to understand the meaning of working together
- Understand and describe the idea of a “dream team”

Lesson 3.4 – We Are Connected: Lead with Value

Throughout this unit, we have learned about the essential elements of the We Are Connected Mindset. We have learned that we are connected to people in many ways and that we should embrace everyone in order to be able to share all that life has to offer. We learned what to look for in a friend and how to be a good friend to others. By building our own dream teams, we are starting to develop meaningful relationships. In this lesson, we will learn that by being a friend to others, we can have better and more meaningful friendships. We will also share our dream teams with peers. This is an important step in the We Are Connected Mindset, because it reminds us that anyone can help us achieve our big dreams!

Objectives

- Share Dream Team Project with classmates through discussion and display
- Understand that in order to have a friend, you must first be a friend
- Continue to apply the We Are Connected Mindset in our lives