

Unit Overview

Students will learn the Passion First Mindset. The unit will expose them to the understanding that we are all individuals with our own unique passions and talents. In this unit, you will learn to spend time doing the things that you truly enjoy, to align your core values to your interests, and to be true to yourself by aligning your passions with what matters most to you.

Passion First Overview

4 Learning Objectives

- Focus on Strengths
- Explore Your Interests
- Take a Stand
- Be Authentic

Lesson 2.1 – Passion First: Focus on Strengths

At this age, students are exploring different avenues of interest and expression. The Passion First Mindset teaches that following our passions and strengths contributes to happiness and fulfillment. In this lesson, we will learn that when we focus on a strength, or something we are good at doing, our passion will follow.

Objectives

- Understand the meaning of the word “passion”
- Identify what it means to have strengths

Lesson 2.2 – Passion First: Explore Your Interests

At this age, students are exploring different avenues of interest and expression, and many children enjoy talking about what they are feeling. The Passion First Mindset teaches us that if we are passionate about something, we will do everything in our power to learn more, participate more, and tell others about that passion.

Objectives

- Understand that we do not have to be good at something to be passionate about it. We just have to love it!
- Continue to identify our passions, strengths, and interests

Lesson 2.3 – Passion First: Take a Stand

At this age, students love to explore their thoughts, brainstorm, and explain how things work. As we continue to explore the Passion First Mindset, it is important to understand that we may face challenges in achieving our dreams, but we should continue doing what we love as long as it lines up with what we believe in. This lesson will be about accepting that not all people will have the same strengths, passions, interests, and values that we do.

Objectives

- Understand that not everyone has the same interests
- Accept others who do not have the same strengths and interests you do
- Learn what it means to take a stand for your passion or something you strongly believe

Lesson 2.4 – Passion First: Be Authentic

Throughout this unit, we have learned all about the essential elements of the Passion First Mindset. We have learned that great dreams start from the inside. To do great things, we use our strengths and interests and stay in line with what matters to us. This will lead to who we really are. In this lesson, we will have the opportunity to share our Passion First Projects with a partner or the whole class.

Objectives

- Share Passion Pictures with classmates through discussion and display
- Understand that “being authentic” means being ourselves
- Discuss the essential elements learned throughout the Passion First Mindset
- Continue to apply the Passion First Mindset in our lives

Passion First: My Passion First Project Overview

Similar to the Dream Big Project from the Everything Is Possible unit, creating a visual representation can be a fun way to focus on pursuing our passions. Making their Passion First Projects will allow your students to “see” their passions come to life! Each lesson activity will build upon preceding lessons to create the final course project.

Passion First: My Passion First Project Examples

