

## **Unit Overview**

Students will learn the Live to Give Mindset. This unit will focus on giving love and respect to others, and receiving new and exciting things that come into our lives gracefully. Students will learn that by giving back through their interests and passions, they will help other people and leave a lasting legacy on the world.

## **Live to Give Overview**

### 4 Learning Objectives

- Stretch Yourself
- Make a Difference
- Receive Gracefully
- Create a Legacy

## **Lesson 6.1 – Live to Give: Stretch Yourself**

Most students at this age enjoy helping others, but they need help seeing how to interact with the bigger world around them. The Live to Give Mindset pushes us to stretch ourselves and our talents so we can give back to others.

### **Objectives**

- Understand that one of the best ways to bring happiness is to stretch ourselves and our talents so we can give back to others
- Identify a talent and use our gifts and talents to help others
- Learn that no matter how small our act of giving, we can make a difference

## **Lesson 6.2 – Live to Give: Make a Difference**

Most students at this age have a hard time seeing things from another person's point of view. The Live to Give Mindset makes us aware of what we can do for others and how giving to others in turn makes us happier and more successful.

### **Objectives**

- Understand what it means to make a difference
- Identify ways that we can give to others

### **Lesson 6.3 – Live to Give: Receive Gracefully**

Students at this age enjoy helping others but need help identifying ways they can interact with the bigger world around them. The Mindset Live to Give encourages us to receive gracefully to empower our lives.

#### **Objectives**

- Discuss how to receive gracefully
- Identify how to respond to the new and wonderful things that may come into our lives

### **Lesson 6.4 – Live to Give: Create a Legacy**

Throughout this unit, we have discussed the Live to Give Mindset and how small acts of kindness can make a big difference. At this age, it can sometimes be difficult to understand that good things will be returned to us. For this lesson, we will share our giving trees.

#### **Objectives**

- Define what it means to create a legacy
- Identify all the different ways that we can live to give
- Discuss how to create a legacy