

Unit Overview

Students will learn the **Everything Is Possible Mindset**. The unit will orient them toward understanding that we are all capable of dreaming bigger than we ever thought possible. Students will learn to take small steps every day on the road to their dreams, embrace their creativity and imaginations, look on the bright side of things, and turn mistakes or setbacks into opportunities.

Everything Is Possible Overview

4 Learning Objectives:

- Dream Big
- Embrace Creativity
- Think Positive
- Act and Adjust

Lesson 1.1 – Everything Is Possible: Dream Big

The first step in a student achieving a goal is to identify what the goal is. This lesson introduces students to the Everything Is Possible Mindset and introduces them to the idea of dreaming big and identifying what the dream for their life will be.

Objectives

- Understand that a dream (goal) is something we are willing to work hard to achieve
- Identify our own long-term or short-term dreams

Lesson 1.2 – Everything Is Possible: Embrace Creativity

Overview

Students this age need a great deal of adult approval in order to feel successful. This lesson continues to focus on the Everything Is Possible Mindset and how important it is for us to use our imaginations and try new things. Being creative helps us to see that everything is possible.

Objectives

- Identify what it means to use our imaginations
- Understand different ways to be creative

Lesson 1.3 – Everything Is Possible: Think Positive

Students this age need a great deal of adult approval in order to feel successful. This lesson continues to focus on the Everything Is Possible Mindset and how important it is for us to believe in ourselves and our ability to achieve our dreams.

Objectives

- Identify what it means to believe in ourselves
- Begin to understand the importance of believing in ourselves and our ability to achieve our dreams

Lesson 1.4 – Everything Is Possible: Act and Adjust

Throughout this unit, students have learned all about the essential elements of the Everything Is Possible Mindset. In each lesson, we have completed a portion of the final Dream Big Project. In this lesson, we will have the opportunity to share this project with a partner or the whole class. Finally, we will discuss how to apply the elements to our lives and share with others.

Objectives

- Discuss the essential elements we have learned throughout the Everything Is Possible Mindset
- Tell how we can continue to apply the Everything Is Possible Mindset in our lives

Everything Is Possible: Dream Big Project Overview

Many people use a technique called “visualization” to picture themselves succeeding. Making a Dream Picture can be a fun and visual way for students to express their dreams and be inspired to pursue them. Making Dream Pictures will allow your students to “see” their dreams! Each lesson activity will build upon previous lessons to create the final course project.

Suggestion: The teacher should participate in the Dream Big Project along with students.

Examples:

